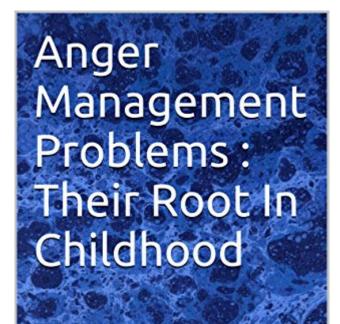


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Anger Management Problems : Their Root In Childhood



David Hosier MSc



Synopsis

The link between childhood trauma and the subsequent development deep rooted feelings of anger is now overwhelmingly supported by the research evidence. In this eBook, psychologist David Hosier MSc, who himself suffered severe childhood trauma, examines this link through a series of comprehensive yet easily digestible articles. Topics covered include Intermittent Explosive Disorder, High Conflict Personality, problems controlling anger and aggression, psychopathy, and, because anger is sometimes turned inwards upon the self, suicide and suicidal impulses .Early warning signs of the potential for future development of such conditions are also examined. David Hosier has experience as a teacher, lecturer and researcher ; he was educated at the University of London, Goldsmith's College and currently lives in Brighton, UK.

Book Information

File Size: 916 KB Print Length: 128 pages Simultaneous Device Usage: Unlimited Publisher: childhoodtraumarecovery.com publications; First edition (December 29, 2013) Publication Date: December 29, 2013 Sold by: A Â Digital Services LLC Language: English ASIN: B00HR8XGTA Text-to-Speech: Enabled X-Rav: Not Enabled Word Wise: Enabled Lending: Not Enabled Screen Reader: Supported Enhanced Typesetting: Enabled Best Sellers Rank: #358,906 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #49 inà Â Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Adult Children of Alcoholics #106 inà Â Books > Health, Fitness & Dieting > Addiction & Recovery > Adult Children of Alcoholics #217 inà Â Books > Self-Help > Anger Management

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